Packing for Year 10 Retreat

St Pius X High School

You **need to bring** the following on retreat:

Check the weather forecast but be prepared for: Cool or warm days and cool / chilly nights.

* Suitable clothing for Wed, Thurs and Friday. Avoid skirts or short shorts. Jeans / cargos etc are great for retreat. Jumper, jacket, beanies for night.
* Towel (perhaps a handtowel as well to use as a bathmat)
* Sleeping bag OR sheets and blankets
* Pillow and pillowcase
* Thongs for shower
* Plastic bag/s for wet towel / dirty clothes for trip home
* Things for the bathroom:

toothbrush and paste

deodorant

soap

shampoo

etc

You **may bring** the following on retreat:

* Food snacks
* Musical instruments (guitar, ukulele etc. Grand piano at venue)
* Sport equipment
* Camera

You **are not to bring** the following on retreat:

* Highly caffeinated energy drinks
* Banned substances (alcohol, drugs, cigarettes etc)
* Speakers and gaming consoles

Things to avoid

* Valuable items and large amounts of money. The Collaroy centre is very large, and there may be other groups there with us.