Dear Families and Friends of the St Pius X Community

A Man of Vision and Passion

The expeditions that we have offered in conjunction with World Challenge for several years now are great experiences for many reasons. Being responsible for sourcing transport or accommodation or food for a large group in a foreign country certainly challenges the resourcefulness of many adults – let alone 15 year old students. There are many fantastic experiences to be had, and of course you meet many interesting people along the way. Sometimes they make a lasting impression. This is the story of one such man and the lessons he taught us in the highlands of Borneo.

But first a bit of background. We had been in Borneo for about a week and had started doing some day walks and staying in a National Park just out of Kuching. Not far from the park was the Matang Wildlife Rehabilitation Centre where we spent some time learning about the way they take injured wildlife, or those mistakenly kept as pets, and attempt to get them ready to return to the wildlife sanctuaries. Orang-utans and Sun bears are just some of the animals at the centre. Their work was very impressive.

To get to our next phase of the expedition, we travelled by river boat and bus. Both took us past numerous timber mills, barges loaded with logs and, increasingly, palm plantations. As we travelled you got a sense of the development taking place. But it was not until we took to the sky in a light plane and travelled inland that we realised the extent to which the jungle has been cleared to make way for further plantations. We could fly for 20 minutes and only get glimpses of native forest. Eventually, however, the jungle returns and you descend into the highland region around the town of Bario. This is a small town not far from the Indonesian border and you either fly in or set aside about a week to drive there in a 4WD. (But a new road is on the way.) The village of Pa Amor is one of several small communities that are scattered around the area. It was here that we started our trek, here that we worked on our project and here that we met Rian.

Rian was our contact person who also turned out to be our guide. So we had the pleasure of his company for the next 4 days as we trekked through the jungle, crossed the creeks, climbed over the ridges and up the hills. At times it was hard going – even in the cooler air of the highlands. But Rian quietly got us to where we needed to be by late afternoon. Sometimes he stopped and spoke to us about the plants or animals we passed or some site of particular cultural significance. Each day’s walk ended at a small camp site where someone had built a small hut. They’re nothing flash but would be welcome during a downpour and when the fire for dinner needs to be set. Rian’s two helpers took turns in guiding our trek.

When we returned to Pa Amor it was Rian who explained to us the rhythms of village life. We felt embraced by the small community and this bond is only strengthened in the following
days as we worked on the project – laying water pipe to improve this most basic of needs to the village. Rian had a leading role in this as well. But this is not just because he is one of the few adult males who does not leave the village for work, but because it is part of his larger plan to save his village and culture. Like many other places around the world, the existence of small communities such as Pa Amor is threatened by the rapid pace of change.

Our earlier experiences had made us acutely aware of the pace and possible ramifications of this change.

And here was a man who was not prepared to let it just happen.

Rian has taken part in recording and publishing the cultural sites of the area. With others, he has tried to establish a buffer zone of native jungle in an attempt to limit the deforestation that is rapidly approaching. It is in this jungle that he has created the trek route and built the huts. He’s created more than just a small business with employment opportunities. Now his son, one of the other guides on our trek, and others can return from the city to work and be with family. It may not be much but it is a start and one that offers the community a chance to keep some of their traditions alive.

As we sat on the floor of his house and ate the dinner he had prepared for us on our last night in the village, it was hard not to be impressed by this humble man who loves his culture and traditions. He taught us something about resilience, perseverance and the power of vision.

It is not unusual to meet people with passion and drive but it is a privilege to meet someone who directs it towards saving his community.

Have a great week.

Stephen Dunn
Acting Principal

St Pius X HS Adamstown NSW
Nurturing faith, excellence & lifelong learning.

Important Dates

<table>
<thead>
<tr>
<th>Thursday</th>
<th>20 August</th>
<th>St Pius Day (Out-of-Uniform)</th>
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<tbody>
<tr>
<td>Monday</td>
<td>24 August</td>
<td>Year 10 – Geography Field Day Wetlands</td>
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<tr>
<td>Tuesday</td>
<td>25 August</td>
<td>Year 10 – Road Trauma Excursion Sydney</td>
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</tbody>
</table>
| Friday        | 4 September | School Dance  
|               |           | St Therese’s Primary School, New Lambton  
<p>|               |           | 7.00pm to 9.30pm |
| Monday to Wednesday | 7 September to 9 September | Year 10 Retreat – Collaroy |
| Monday to Friday | 14 September to 18 September | Year 10 – Work Experience |
| Friday        | 18 September | End of Term 3 |
| Monday        | 5 October | PUBLIC HOLIDAY |
| Tuesday       | 6 October | Start of Term 4 |</p>
<table>
<thead>
<tr>
<th>WEEK</th>
<th>Year 7</th>
<th>Year 8</th>
<th>Year 9</th>
<th>Year 10</th>
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<tbody>
<tr>
<td>1A</td>
<td>13/7 – 17/7</td>
<td></td>
<td></td>
<td>General Metal</td>
</tr>
<tr>
<td>2B</td>
<td>20/7 – 24/7</td>
<td></td>
<td></td>
<td>IST</td>
</tr>
<tr>
<td>3A</td>
<td>27/7 – 31/7</td>
<td>Mathematics</td>
<td>General Wood</td>
<td>Visual Art</td>
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<tr>
<td>4B</td>
<td>3/8 – 7/8</td>
<td>MATHEMATICS</td>
<td>Mathematics 5.3, 5.2, 5.1 Drama</td>
<td>Mathematics 5.3 5.2 and 5.1 English Hospitality</td>
</tr>
<tr>
<td>6B</td>
<td>17/8 – 21/8</td>
<td>ITALIAN RELIGIOUS STUDIES</td>
<td>PDHPE</td>
<td>Marine Science Religious Studies Photographic and Digital Media</td>
</tr>
<tr>
<td>7A</td>
<td>24/8 – 28/8</td>
<td>JAPANESE</td>
<td>Science English</td>
<td>PDHPE IST Music Commerce</td>
</tr>
<tr>
<td>8B</td>
<td>31/8 – 4/9</td>
<td>MATHEMATICS ENGLISH HSIE</td>
<td>Mathematics HSIE</td>
<td>Mathematics 5.3, 5.2, 5.1 Food Technology Graphics Technology HSIE</td>
</tr>
<tr>
<td>9A</td>
<td>7/9 – 11/9</td>
<td>Alternate program for Years 7, 8 and 9</td>
<td>Year 10 Retreat PDM</td>
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<tr>
<td>10B</td>
<td>14/9 – 18/9</td>
<td>SCIENCE</td>
<td>Science</td>
<td>iSTEM</td>
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Year 10 Retreat
The Year 10 Retreat will take place from Monday 7 September until Wednesday 9 September. An alternate program of activities will be scheduled for Year 7 to 9 during this time. As such there will be no classes or supervision available for Year 10 students who have chosen not to attend the Retreat. Further details regarding the activities planned for students in other Year Groups will be forwarded to parents and students closer to the date. The alternate activities will include a selection of activities including: excursions, performances, guest presenters, assessment items and awards ceremonies. Attendance is expected. Normal lessons will recommence for Year 7 to 9 students on Wednesday 9 September and for Year 10 students on Thursday 10 September.

John McLoughlin
Acting Assistant Principal
Dean of Studies

Brainstorm Productions
Years 8 and 9
On Tuesday 8 September all Year 8 and 9 students are invited to attend a Brainstorm Production called ‘Sticks and Stones’. This performance is part of the school’s wellbeing program to provide resilience and proactive strategies for students when dealing with violence.

The session has two young performers exploring the different forms of bullying in the playground, in the street and at home. It provides strategies for conflict resolution, anger management, assertiveness, and breaking the cycle of violence. Students have all received a note regarding the cost and times for the performance.

Carmel Wright
Assistant Principal
Dean of Students
carmel.wright@mn.catholic.edu.au

Pastoral Care
Self-Compassion
Are you kind to yourself? The ability to pick yourself up and care for yourself may be the key to greater peace of mind and happiness. A recent study, done in collaboration by a number of Universities in Australia (1), concluded that ‘self-compassion’ in individuals was probably more important an indicator to wellbeing than self-esteem alone. The idea is, when self-esteem takes a hit, how are we able to pick ourselves up again, look after ourselves as we would perhaps when we help a friend going through something similar. Self-compassion is:

- Being kind to ‘self’ (wise discernment rather than harsh judgement).
- Knowing we are not alone and that we can reach out to others as part of a community.
- Accepting the experience we are going through without making a bigger deal of it than we need to, or ignoring it.

When making a circle of compassion make sure that you put yourself in there too. You can read more on self-compassion on the following website:
http://greatergood.berkeley.edu/article/item/try_selfcompassion/


Vinnies News
Vinnies Winter Appeal is being held during the winter months. Thank you for all the clothing and saleable goods being donated for Vinnies. Please continue to bring clean saleable items including blankets and clothing during winter. The Vinnies blue bins are near the Library and also in Student Services. Vinnies Winter Appeal will run until Wednesday 26 August with a sausage sizzle, cupcakes and drinks at Lunchtime. Cupcakes will be $3.00, Sausage on bread $3.00 and cans of drink will be $2.00. Bring your money and support those in need.
The Vinnies CEO Sleep Out was held recently with some of our own students participating. I can’t imagine sleeping rough in the recent cool weather. If you would like to donate check out this link: https://www.vinnies.org.au/winterappeal.

Most recently we have been playing cards and games with the residents of St John’s Villa on Wednesdays, Week B Period 6 – we were happy to be able to provide smiles for the residents. As one resident said “we always have a laugh when these young people are here - so at least my tummy muscles are getting some exercise.” Glad we can oblige!

**Seasons for Growth**

Seasons for Growth is about to begin for Years 7 and 8. Please email me at: bronwyn.melville@mn.catholic.edu.au, if you would like your young person to be involved. See a story about a local school and their Seasons program in their Newsletter on: http://online.flipbuilder.com/fvhj/ewbh/.

For young people involved in Seasons, it’s about their recognition of their identity (who they are); status, (their place in family) and their voice (what they have to say) - Anne Graham, founder, writer of Seasons.

**LAP Program**

Do you have 30 minutes to spare each week? We are looking for volunteers to assist in the LAP program – a mentoring program for students. If you would like to know more, please email me at Bronwyn.melville@mn.catholic.edu.au. It’s a great way to become involved more in school life and make a substantial difference in someone’s life.

**Some useful links**

P&F  

Wellbeing  

Learning  
http://www.partners4learning.edu.au/  

Bronwyn Melville  
Pastoral Care Worker

**Wellbeing**

As part of the whole school wellbeing framework we are implementing at St Pius parents were surveyed and the feedback from that survey pointed towards more strategies and information of how to help build resilience for your child. Below are some strategies to build the confidence of your child, which is very important for resilience. I will be discussing the results of the surveys that went out last term during the next P & F meeting on 8 September.

**Tips for building self-confidence in your child**

Not everyone is born with an inbuilt sense of self-confidence. Sometimes it can be hard to develop confidence, whether because of personal experiences that have caused you to lose confidence or suffering from low self-esteem. There are a couple of handy things you can do to build your child’s confidence. Some of these are just little changes to their frame of mind, and others are things they will have to work on for a bit longer to get used to them. The following are examples that you could go through with your son/daughter and place them on the fridge as a conversation starter.

Two useful websites for further information are:

www.reachout.com.au  
www.mindmatters.com.au

**Confidence**

Look at what you have already achieved. Sometimes it can be easy to focus on what you haven’t done. It’s easy to lose confidence if you feel like you haven’t achieved anything. Focusing on stuff you have done, big or small, can help you gain perspective on all your talents and
abilities. Write down a list of all the things you’re proud of in your life. Think of things you have achieved, whether it’s getting a good mark on an exam or even learning to ride a bike. Keep this list close and add to it when you do something you’re proud of. When you’re low in confidence, pull this list out and use it to remind you of all the awesome stuff you’ve done.

Think of things you're good at
Everyone has strengths and talents, what are yours? Recognising what you’re good at and trying to build on those things can be a really valuable way of building confidence in your own abilities.

Set some goals
Set some goals and aim to achieve them. By proving to yourself that you can get stuff done, you’ll prove to yourself what you’re capable of achieving. They don’t have to be big goals; they can even be things like baking a cake or going for a bike ride with friends. Just little things that can be ticked off a list and help you gain self-confidence in your ability to get stuff done.

Get a hobby
Try to find something that you are really passionate about. Do you like playing footy? Like painting or drawing? Think of some of the stuff you are really interested in and commit yourself to giving them a go. Finding stuff that you are passionate about will help you find stuff that you are good at. Chances are, if you are interested or passionate about a certain activity you are likely to be good at it as well.

Next time, look out for tips to build resilience in your child. There will be a Parent Wellbeing Information Night in Week 2 of Term 4 – more information to follow.

Laura Gallagher
Mindmatters Project Officer
lauraj.gallagher@mn.catholic.edu.au

Year 8 Religious Studies Excursion and Exam
On Tuesday 4 August, Year 8 travelled to St Columba’s Church, Adamstown where Father Terry Horne demonstrated and explained the Rite of Baptism.

Students filled the roles of parents, godparents and readers. Thanks to Father Terry for such an informative and authentic learning experience.

Year 8 is currently studying a unit of work on The Sacraments. This unit will be externally examined in the Diocesan Religious Literacy Test scheduled for Lessons 3 and 4 on Friday 21 August. A number of revision materials are available on the Virtual Classroom. I encourage students to prepare for this important examination.

Simone Kelly
Religious Studies Coordinator
Tuesday Morning Fitness

The fitness sessions each Tuesday have been popular this term. We have had new faces every week and students are enjoying the challenge of trying something new. In the coming weeks we have:

- Week 6 – Circuit
- Week 7 – Walking
- Week 8 – Sports Fitness

Copies of the timetable are available at Student Services or from the Chisholm House office. All sessions start at 8.00am, are free, and any student can join. An email is sent each week and students can register by simply replying to that email.

Amanda Mohr
Chisholm House Coordinator

UNI NSW Science Competition

Congratulations to the following students on their results in the UNI NSW Science Competition:

Participation
Elsie Laycock Year 7
Rose Cousins Year 10

Credit
Lachlan Gaudion Year 8
William Davis Year 9
Noah Dixon Year 9
Lawson Castle Year 9
Joshua Dawson Year 10
Alexander Edwards Year 10
Luke Consani Year 10

Mandy Willis
Fahey House Coordinator

Woolworths Earn and Learn Program

Reminder:
This year we are taking part in the Woolworths Earn & Learn program. So far the response has been very slow. You can help our school by collecting stickers at Woolworths between now and Tuesday 8 September 2015. You can drop the stickers in the box at Woolworths Kotara, or bring them into Student Services. In previous years we have been able to use our points to purchase the Lego Robotics kits which are used for Year 8 Technology students. We are grateful for your support.

Cherie Borger
Technology Teacher

Big Science Competition

Congratulations to the following students on their results in the Big Science Competition:

High Distinction
Alexander Edwards Year 10
Alex was also awarded an iTunes voucher.

Distinction:
Rose Cousins Year 10

Mandy Willis
Fahey House Coordinator

St Pius on the Run

During Term 2 and 3 this year, a small group of St Pius students have begun running as their chosen sport on Friday afternoon. They have been working on building fitness and endurance, while refining their running technique. The students are now increasing their distance and running anywhere from 5 to 8kms every Friday afternoon.

They have now taken on the challenge to compete in their first public fun run, as
representatives for St Pius. They will take part in the 10km iStadium Run in Newcastle on 11 October. Students, parents, staff and friends of the school community are all invited to register and take part in the iStadium fun run. The festival offers a 5km, 10km or half marathon (21.1km) event, as well as a children's event of 1.6km (an old fashioned mile).

When people register for the iStadium Run under the St Pius X team, our school will receive rewards and prizes to help resource our sport department and the new running program. There has been a St Pius X team established on the iStadium Run website. The password for the St Pius X team is rungroup. So why not get involved and give it a go.

Megan Williams
Teacher

Homework Hub
Finding time to complete homework or needing someone to review homework can be difficult for some students. St Pius offers students in all years the opportunity to get assistance with homework or simply a quiet place to study. Operating every Tuesday Lunchtime and Monday afternoons from 3.15pm to 4.15pm, Homework Hub gives students the opportunity to study, complete homework or prepare for exams with the guidance of a teacher. If you think your son or daughter may benefit from assistance with completing homework, please remind them that Homework Hub is available to all students. Please contact Jay Power should you require more information.

Jay Power
Teacher

People Trafficking – It Happens in Australia Too
Students in Year 10 are studying Global Justice issues as part of their Religious Studies Unit, Creating A Just World. We were blessed to have a visit from Sister Margaret Ng and Denise McKay from the Order of St Joseph’s Counter Trafficking Unit. Sister Margaret has worked for the past 15 years with victims of people trafficking both here in Australia and overseas. The United Nations can account for over 700,000 people being trafficked every year. Given that this is the number of known victims, the actual number of people who are trafficked is suggested to be in the vicinity of over 2 million each year worldwide.

Australia is a place of destination for many victims of trafficking with over 80% of victims being trafficked for sexual exploitation. People fall victim to people trafficking for many reasons include debt bondage (when someone borrows money and cannot repay it), expectation of improved employment (where someone believes they are employed for a job that doesn’t exist), organ trafficking (where people are unwittingly used as live organ donors) and uninformed sale of unborn children (where poor families are encouraged to sell their unborn child “to give the baby a better life”). As well as working with victims on the front line and helping rescue people in Australia, Sister Margaret and the Order of St Joseph’s Counter Trafficking Unit has been a tireless advocate for cessation of people trafficking. She has worked closely with federal and state government as well as national and international law enforcement units. This was an eye opening presentation that helped many Year 10 students to understand more about this issue.

Jay Power
Teacher

Australian Catholic Youth Festival
2 – 6 December 2015 - Adelaide
Year 9 students to young adults 25 years of age.

Diocesan Coordinators
Sam Hill: 0414 278 069
Baden Ellis: 0423 663 985
Email: youth.festival@mn.catholic.org.au
Register at: www.mn.catholic.org.au/acyf
Canteen Roster
We are in desperate need of volunteers. If you can help out please call the Canteen number below. If you are unable to attend on your allotted day, please contact Janelle Oliver or Sharon Hart at the Main Office on 4957 1032 or the Canteen directly on 4013 2629.

<table>
<thead>
<tr>
<th>Monday 24 August</th>
<th>Tuesday 25 August</th>
<th>Wednesday 26 August</th>
<th>Thursday 27 August</th>
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<tbody>
<tr>
<td>Athena McAuley/</td>
<td>Louise Moonen</td>
<td>Catherine Whelan</td>
<td>Leanne Haberl</td>
<td>Julie Bowen</td>
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<tr>
<td>Susie Boswell</td>
<td>Tomasella Consani</td>
<td>Louise Standing</td>
<td>Felicity Bourke</td>
<td>Kim Coleman-Wells</td>
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<tr>
<td>Sophie De Vitis</td>
<td>Leane Crameri</td>
<td>Robyn Donnelly</td>
<td>Catherine Ryan</td>
<td>Catherine Alston</td>
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<td>Michelle Curtin</td>
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<td>Monday 31 August</td>
<td>Tuesday 1 September</td>
<td>Wednesday 2 September</td>
<td>Thursday 3 September</td>
<td>Friday 4 September</td>
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<tr>
<td>Leanne Haberl</td>
<td>Ruth Roxby</td>
<td>Kate Cousins</td>
<td>Rachael Gapps</td>
<td>Jennifer Baggs</td>
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<td>Donna McMahon</td>
<td>Alison Moretti</td>
<td>Therese McCloy</td>
<td>Kim Simmons</td>
<td>Sue Thatcher</td>
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<td>Angie Moylan</td>
<td>Lea Horton</td>
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<td>Lara Mitchell</td>
<td>Donna Mills</td>
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<td>Larissa Francisci</td>
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Sport

Rugby League
The U16 St Pius League team competed at the State Finals of the NSW All Schools Finals at St Mary’s recently after earning the right to represent Newcastle from their victory in the Knights Knockout tournament earlier in the term.

Drawn in a strong pool, we were out-muscled by a very large team from Merrylands who had won the Parramatta Knockout and we went down 12-0. In the second pool game the boys played against a traditionally strong country rugby league school from Red Bend at Forbes. In a hard fought and closely contested game, St Pius emerged victorious 10-6 to keep our hopes alive of progressing to the semi-finals.

In our final game against the Central Coast winners, we were leading until the final minutes, when several injuries to key players took their toll and we conceded a try in the last minute to go down 8-6. Unfortunately, this eliminated our team from the competition. The Merrylands team progressed to the final where they were narrowly defeated by St Dominic’s College at Penrith.

The 2015 squad members were: Connor Mulhearn, Beauford Walmsley, Finn Carlin, Jack Smith, Darby Richardson, Tex Hoy, Ethan Fowles, Lachlan Miller, Eli McCulloch, Kelly Byrne, Maxwell Cates, Zachariah Robinson, Rhys Bray, Quinn O’Leary, Mason Pippen, Levi Borrelli, Bodie Bradford, Solomon Wellings, Alexander Mellos and Nicholas Haggerty.

This team has been a credit to the school over the past 4 years, not only through their successes but also in the manner in which they have represented themselves and our school in all competitions and trips away. I thank each player for the commitment they have shown and to parents for their support over the past four years. Their list of achievements include: Knights Knockout Grand Finalists 2012, 2013, 2014, 2015 and Champions in 2012 and 2015. NSW Country Cup Grand Finalists and Runners-Up in 2012 and 2014. NSW All Schools Finalists 2012, 2013 and 2015 as well as Runners-Up in 2012.

John McLoughlin
Coach

NETBALL NEWS
St Pius netballers have been busy this term. First up was the Netball NSW Cup, local day, at Charlestown on 22 July where they won the day on a count back. The team consisted of Rosanna Jennings, Paris Fonua, Eboni Smith, Breannan O’Neill, Isabella Balcomb, Hannah Cullen, Chelsea Roxby, Lucinda Tonkin, Erin Mulhearn and Madison Poole.

The team then progressed to the Regional Final in Maitland on 5 August, where they won the day in a nail biting final against Hunter Sports High. The next stage of this competition sees the girls compete in the State finals in Sydney in the last week of term. This team is Rosanna Jennings, Paris Fonua, Eboni Smith, Breannan O’Neill, Isabella Balcomb, Hannah Cullen, Erin Mulhearn, Matilda Stephenson and Hannah Butler.
Meanwhile, three teams of netballers competed in the **Diocesan Gala Day** on 30 July. The Senior Team played all games against Year 11 and 12 students, and did extremely well to make it to the finals. The Intermediate team won more games than they lost and the Junior team was named Diocesan Champions. The teams on the day were:

**Juniors**

**Intermediate**
Olivia Mitchell, Grace Hood, Sophia Gavril, Isabel Palmer, Emily Whelan, Megan Purkiss, Phoebe Maguire, Jessica Wilson, Emily Grant, Erin Cullen and Gabrielle Tonkin.

**Seniors**
Naomi Fanning, Chloe Jovanovski, Alexandria de Groot, Hannah Brands, Emily Grant, Erin Cullen, Siane Fonua, Madeleine Levey, Cassidy Fleming and Laura Slatter.

Special thanks to our umpires Brittany Spooner, Hollie Nesbitt, Matilda Sloane and Mel Smith. The next netball adventure is on Tuesday 18 August for the NSWCCC gala day in Penrith. Best of luck to all of our teams!

*Mandy Willis*

**Netball Coach**

**Athletics**
The Diocesan of Maitland Newcastle Athletics Championships were held recently at Glendale Athletics Centre. Congratulations to the following students who have been selected into the Diocesan team. They will now compete at the NSWCCC Athletics Championships at Homebush later in the term.

<table>
<thead>
<tr>
<th>NAME</th>
<th>EVENT</th>
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</thead>
<tbody>
<tr>
<td>Chloe Anson-Smith</td>
<td>12yrs 800m and 1500m</td>
</tr>
<tr>
<td>Kayla Waldron</td>
<td>12yrs Shot</td>
</tr>
<tr>
<td>James Ajayi</td>
<td>12yrs 100m &amp; 200m</td>
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<tr>
<td>Tyler Rayner</td>
<td>12yrs 1500m</td>
</tr>
<tr>
<td>Tyler Moodie</td>
<td>12yrs High Jump, Long Jump and 800m</td>
</tr>
<tr>
<td>Taylah Bryde</td>
<td>13yrs Discus and Shot</td>
</tr>
<tr>
<td>Dominique Byrne, Summer Harrison, Amanda Suleiman, Taylah Bryde</td>
<td>Jnr Girls 4x100m Relay</td>
</tr>
<tr>
<td>Adrianna Rossi</td>
<td>14yrs Javelin &amp; Discus</td>
</tr>
<tr>
<td>Holly Draganic</td>
<td>14yrs 100m</td>
</tr>
<tr>
<td>Emily Whelan</td>
<td>15yrs High Jump</td>
</tr>
<tr>
<td>Paris Fonua, Erin Cullen, Holly Draganic, Emily Whelan</td>
<td>Jnr Girls 4x100m Relay</td>
</tr>
<tr>
<td>Siane Fonua</td>
<td>16yrs 100m</td>
</tr>
<tr>
<td>Emily Grant</td>
<td>16yrs Javelin</td>
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<tr>
<td>Rose Davies</td>
<td>16yrs 800m and 1500m.</td>
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</tbody>
</table>

Detailed results will be published in a future edition of the Lion.
Hockey
Rory Walker (Year 10) has been selected in the Australian U16 schoolboys Hockey team who will tour South Africa in 2016 and compete in a three match test series against the U18 South African team. They will also play four warm-up matches against Provincial sides in Durban and Cape Town.

This team was selected at the School Sport Australian U16 Tournament held recently in Perth, where Rory, representing NSW, scored 7 goals and therefore was picked as striker for the Australian team. Congratulations Rory on this outstanding achievement and we wish you the very best in South Africa next year.

OZ Tag
On Wednesday 5 August, in freezing cold and windy conditions, three teams ventured to Waratah Oval to participate in Oztag.

9/10 Girls Team consisted of Naomi Fanning, Isabel Palmer, Jessica Wilson, Siane Fonua, Leilani Nathan, Nicole Nathan, Madeleine Levey, Erin Cullen, Annabelle Hewitt, Phoebe Maguire.
The girls were outstanding being undefeated in the round matches against West Wallsend High 6-3, Waratah High 9-0, Newcastle High 10-1, Cardiff High 8-2 and Hunter Sports High 7-2. They then backed up again and defeated Hunter Sports High in the Grand Final 9-2. This group of girls are an outstanding group of athletes and have competed in a number of sports successfully this year. They are now the Regional Champions of Oztag.

**7/8 Girls Team** consisted of Holly Draganic, Jasmine Loades, Tess Fanning, Amelia Williams, Chelsea Roxby, Layla Clifford, Madison Poole, Sienna Mason, Jordan Smith, Indiana Bradford, Lilly Masterson, Chile Hemara, Roisin Browne.

The girls defeated Newcastle High 4-1 and Cardiff High 8-0 and had a narrow loss to Hunter Sports High 5-4 in the round games which placed them 3rd overall in the field of eight teams. They then played Newcastle High again in the quarter-final and defeated them 5-2. They then went to the semi-final where they were defeated narrowly by Waratah High 2-1. It was great effort by the girls.

The boys defeated Waratah High 5-4, West Wallsend 9-2 and Cardiff High 5-2 and a 4 all draw with Newcastle High in the round game. They were then defeated by Kotara High in the semi-final 5-2. It was a good day and the sportsmanship and behaviour displayed by St Pius students was something to be proud of.

*David Pitfield*

*Representative Sport*
Tickets are now on sale for the

St Pius X Mothers Dinner
At “Harborview on Queens Wharf”
Date: 16th October 2015
Time: 6.30pm for 7.00pm
Cost: $65.00 – Canapés (6.30-7pm), Main and Dessert

So ladies mark your calendars and keep this date free for a night of fine dining, fabulous prizes, great company & a harbour view setting.

Tickets may be purchased individually or as groups.
Table maximum seat 10

We are seeking donations for raffle prizes and assistance on the night. Please contact us if you are able to help.

Natalie Steel 0419 505 366 or email jason.steel@bigpond.com
Therese McCloy 0422 228 702 or email tbmccloy@hotmail.com

Please complete the details below with the names of the people to be seated at your table. Send in the completed form with your full payment to the ‘P & F Box’ located in the main Reception Office at St Pius X High School.

| 1. | 6. |
| 2. | 7. |
| 3. | 8. |
| 4. | 9. |
| 5. | 10. |
| Table Contact Name: | Phone: |
Holliday Music
Live Concert 2015

Sunday September 13th 3pm

The Factory Theatre St Pius Adamstown
Afternoon tea provided at intermission

$12 Adult $5 per Child 12 & Under

To book contact 0413 101 735
joshua.s.holliday@gmail.com
# St Pius X High School Uniform Shop

**OPERATING HOURS**
- School Term -
  - Monday: 10:30am – 12:30pm
  - Wednesday: 2.30pm – 4.30pm

## GIRLS UNIFORM: 7 - 10
<table>
<thead>
<tr>
<th>SIZE</th>
<th>PRICE</th>
<th>SIZE</th>
<th>QTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>S/S Formal Blouse</td>
<td>All Sizes</td>
<td>$39.00</td>
<td></td>
</tr>
<tr>
<td>Tartan Skirt</td>
<td>All Sizes</td>
<td>$68.00</td>
<td></td>
</tr>
<tr>
<td>Girls Fitted Pants</td>
<td>All Sizes</td>
<td>$20.00</td>
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## BOYS UNIFORM: 7 - 10
<table>
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<tr>
<th>SIZE</th>
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<th>SIZE</th>
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<tbody>
<tr>
<td>S/S Formal Shirt</td>
<td>All Sizes</td>
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</tr>
<tr>
<td>Formal Shorts</td>
<td>All Sizes</td>
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<td></td>
</tr>
<tr>
<td>Formal Trousers</td>
<td>All Sizes</td>
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## WINTER UNIFORM
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<th>SIZE</th>
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</thead>
<tbody>
<tr>
<td>Knitted Jumper</td>
<td>5 - 10</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>18 - 22</td>
<td>$92.00</td>
<td></td>
</tr>
<tr>
<td>Polar Fleece Top</td>
<td>All Sizes</td>
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## SPORTS UNIFORM
<table>
<thead>
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<th>SIZE</th>
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<tbody>
<tr>
<td>Sports Polo</td>
<td>All Sizes</td>
<td>$42.00</td>
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</tr>
<tr>
<td>Sports Shorts - unisex</td>
<td>All Sizes</td>
<td>$38.00</td>
<td></td>
</tr>
<tr>
<td>Sport Shorts - girls</td>
<td>All Sizes</td>
<td>$38.00</td>
<td></td>
</tr>
<tr>
<td>Tracksuit Jacket</td>
<td>All Sizes</td>
<td>$79.00</td>
<td></td>
</tr>
<tr>
<td>Tracksuit Pants</td>
<td>All Sizes</td>
<td>$50.00</td>
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## ACCESSORIES
<table>
<thead>
<tr>
<th>SIZE</th>
<th>PRICE</th>
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</thead>
<tbody>
<tr>
<td>Sport Socks - white ankle (1pk)</td>
<td>All Sizes</td>
<td>$6.50</td>
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<tr>
<td>School Socks - grey</td>
<td>All Sizes</td>
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</tr>
<tr>
<td>Microfibre Tights - grey</td>
<td>All Sizes</td>
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</tr>
<tr>
<td>Sports Cap</td>
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<tr>
<td>Leather Belt</td>
<td>All Sizes</td>
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</table>

## SHOES
- School Shoes: to be black lace-up, able to be polished leather school shoes which do not extend over the ankle or have a platform. The leather should cover the whole upper foot for safety. Boots, joggers and sneakers are not permitted.
- Sports Shoes/PE Practicals: to be predominantly white, and should have laces or velcro straps, and be supportive of the foot during exercise.

**PLEASE NOTE**
- Sizes not carried are available by order, however, production time (usually 90 days) must be allowed, and a 50% non-refundable deposit made upon order.
- For sizes 4XL and L22 and over, a $10 surcharge will apply.

Online orders are distributed from the Uniform Shop, therefore postage will occur on the next opening day of the Uniform Shop.

Payments can be made with Cash, Credit Card or Debit Credit Cards only.

Please contact your bank regarding individual access and availability of these facilities.

13/07/2015 3:33 PM

Prices subject to change without notice
Second-Hand Uniforms

A large number of parents/carers have expressed the need to have second-hand uniforms available. St Pius X High School runs a service which enables all parents to buy/sell second-hand uniform items. The service works in the following way:

1. Parents/carers fill out a form with the details of the item/s required to buy/sell and supply a contact number. This form will be available from reception, or alternatively you may email your details to: admin@adamstownsp.catholic.edu.au.

2. These details are then advertised in a special “Second-Hand Uniform” section of each newsletter.

3. The advertisement will run for one month or two editions of the newsletter.

4. Parents/carers will simply contact the number supplied and deal directly with the person buying/selling.

Please note that no second-hand uniform items will be kept by St Pius X High School. For any further information regarding Second-Hand Uniforms, please contact Reception.

---------------------------------------------------------------------

Second Hand Uniforms

Name (optional):…………………………………………………………………

□ Buy  □ Sell (please tick)

Item:…………………………………………………………………………..

Contact Number:……………………………………………………………………..
<table>
<thead>
<tr>
<th>Name</th>
<th>Ph Number</th>
<th>Items</th>
<th>Size</th>
<th>Buy/Sell</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Alison</td>
<td>0477 376 302</td>
<td>Jumper</td>
<td>12</td>
<td>Sell</td>
<td>$35.00</td>
</tr>
<tr>
<td>Fiona</td>
<td>0411 032 767</td>
<td>Grey Shorts (x2)</td>
<td>J12</td>
<td>Sell</td>
<td>$10.00 ea</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Grey Shorts</td>
<td>J10</td>
<td>Sell</td>
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<tr>
<td></td>
<td></td>
<td>Sport Shorts (x2)</td>
<td>J10</td>
<td>Sell</td>
<td>$10.00 ea</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Boy’s blue shirt (x3)</td>
<td>Small</td>
<td>Sell</td>
<td>$10.00 ea</td>
</tr>
<tr>
<td>Janelle</td>
<td>0411 118 576</td>
<td>Boy’s blue shirt</td>
<td>J12</td>
<td>Sell</td>
<td>$10.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sports Shirt</td>
<td>12</td>
<td>Sell</td>
<td>$10.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Grey Shorts x2</td>
<td>J12</td>
<td>Sell</td>
<td>$10.00 ea</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Boy’s Blue Shirt (brand new)</td>
<td>J12</td>
<td>Sell</td>
<td>$28.00</td>
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