Dear Families and Friends of the St Pius X Community,

**Year 10 Retreat**

Human beings are such special creatures. The Catholic Church considers human life and the human person to be immeasurably valuable. It is a fundamental belief of our Catholic faith that we are formed in the image of God. The Scriptures reveal that God knows and loves each of us intimately; that even before we were conceived, God thought of each of us and loved the idea of us so much that he brought us into creation. (See Psalms 139:1-18, Jeremiah 1:5, Isaiah 49:16 and there are several other similar references.) Throughout the journey of life we are each called to make our relationship with God more intimate.

The Year 10 Retreat allows our students to delve a little more deeply into this mysterious and essential relationship with God than they perhaps have done up to now. The Retreat Program enables this to happen through a series of sessions which build upon each other and which gradually allow the students to explore their life’s journey so far, to reflect upon their relationships and to contemplate their hopes and dreams for the future. The Retreat can be a very powerful experience.

Congratulations and well done to the 165 Year 10 students who opened themselves to this great experience. Thank you to all of the staff who attended and who made the experience possible. Thank you to Mrs Wynn for her excellent planning and implementation. It was in my opinion one of the best Retreats (Year 10, 11 or 12) that I have ever attended.

Thank you too to all the staff who remained at school to run what has become a very enjoyable and educationally productive Alternate Program. The Retreat could not happen without you.

**Fees 2016**

Please see the 2016 Fee Letter from the Director of Schools and the Bishop included in this edition of the Lion. This letter outlines the Tuition Fees and DF&SBL for next year.

The Resource Fee is a separate fee charged by the school to cover the costs of curriculum, technology and other expenses not covered by the Tuition Fees. A full description of what is included appears on the Fees page of our school website.

[http://www.adamstownsp.catholic.edu.au/Parents/Pages/Fees.aspx](http://www.adamstownsp.catholic.edu.au/Parents/Pages/Fees.aspx)

The Resource Fee for 2016 will increase by $48 total for the year (less than $1.00 per calendar week).
The school is also considering a re-structure of some fee areas. By changing when we actually order and pay for particular items we may be able to reduce the Enrolment Fee from 2016 onwards. This would mean that Year 6 parents would pay a lower Enrolment Fee next year for their children enrolling in Year 7 2017 but a higher Year 7 Resource Fee in 2017. If we decide to go in this direction, from 2016 onwards the Enrolment Fee will be lower than at present but the Year 7 Resource Fee would be proportionally higher than the Resource Fees for Years 8, 9 and 10. The reason we are considering this is to bring our Enrolment Fee more in line with Enrolment Fees in other secondary schools. If you have any comment or suggestion on this please email me.

Tablets
I am aware that one of the issues some parents face with the Tablet computers is that of getting damaged devices repaired quickly. We are looking at improvements to the BYOD Tablet Program for Year 7 2016. We may be able to provide a Managed BYOD Program through a provider. This would at least allow all parents to purchase a range of devices from the one provider and to have all repairs done through that same provider in a timely fashion.

Like any program run for the first time, no matter how well-researched, it is impossible to produce a perfect program. It is only after running the program for one or two cycles that one can fine tune it to remove almost all issues.

Teachers do understand that sometimes students will be without their devices for short periods of time due to repairs. When that happens the student should explain the situation and ask what is best to do to keep up with work. The answer will vary from subject to subject, class to class. The school does not have spare tablets for loan.

Two points to note:
- It is an expectation of the school that all students will have and bring a suitable Tablet computer to school. Students who choose not to bring a device to class permanently will be dealt with via the School Discipline Policy.
- As always, parents suffering financial hardship and finding it extremely difficult or impossible to supply or maintain a Tablet device for their child should make an appointment with me to discuss the situation. The school will always assist families in need.

End of Term
Thank you to all staff and students for your great efforts and enthusiasm this term. Thanks also to the many parents who have volunteered their time and energy this term in many different ways. Have a safe, enjoyable and refreshing holiday. Term 4 starts for all students and staff on Tuesday 6 October.

I shall also let you know that I shall be on leave for the first week of Term 4. Mr Stephen Dunn will be Acting Principal during this time.

Have a lovely week.

Robert Emery
Principal
St Pius X HS Adamstown NSW
Nurturing faith, excellence & lifelong learning.
Important Dates

<table>
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<tr>
<th>Monday to Friday</th>
<th>14 September to 18 September</th>
<th>Year 10 – Work Experience</th>
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<tr>
<td>Friday</td>
<td>18 September</td>
<td>End of Term 3</td>
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<td>Monday</td>
<td>5 October</td>
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<td>Tuesday</td>
<td>6 October</td>
<td>Start of Term 4</td>
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<td>Tuesday</td>
<td>13 October</td>
<td>PUPIL FREE DAY – Staff Professional Development</td>
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Athlete’s Foot Rewards Program

We welcome The Athlete’s Foot as a supporter of St Pius X High School. The Athlete’s Foot ‘Back To School Rewards Program’ benefits both our students and the school by donating $5.00 back to our school for every pair of shoes purchased in store at The Athlete’s Foot Charlestown, Kotara, Glendale or Greenhills. Just mention St Pius X High School when you purchase your shoes. This applies across school and sports shoes and the shoes purchased by your families too. Therefore, not only does our school benefit from this donation, the students and families will be comfortable all day long as they have been expertly fitted by the qualified fit technicians into properly fitted and good quality shoes.

Friday Sport

Friday sport is an integral part of our school’s culture. It’s an opportunity for students to socialise and build community and be involved in some physical activity. With the size of the school there is a large range of sports on offer that can accommodate all students.

We need parental support in students attending sport. There is a common practise amongst some students that it’s an opportunity to go home early. I understand that there are occasions when appointments need to be made but please avoid making these on Friday afternoons.

We are concerned at the increasing lines of parents and grandparents coming in to pick up students regularly on a Friday afternoon before sport begins. For students who are injured they can attend non-sport where there is the opportunity for students to work with support from a teacher on assessment and homework. On wet weather days alternative arrangements are made by the school for sport. Students who choose to go home when they have selected a sport are taking a place away from other students.

Duty of Care

It is policy at St. Pius X that a parent or guardian is to pick up their child from student services if they are leaving early from school for an appointment. If there is an extenuating circumstance for another school parent or older sibling to pick up your child from school early this needs to be in writing from the parent and given to the care group teacher and shown to student services before the student is to leave the school.

Carmel Wright
Assistant Principal – Dean of Students
carmel.wright@mn.catholic.edu.au
NSW SCHOOL VACCINATION PROGRAM 2015

School vaccination clinic (visit 3) will be held at Saint Pius X on Tuesday 20 October, 2015 for our year 7 students.

WHAT IF MY CHILD HAS MISSED A VACCINE

If your child has missed any vaccinations they will be offered any missed doses at the next clinics at their school.

WHAT IF MY CHILD HAS NOT RECEIVED ALL VACCINES BEFORE THE END OF 2015.

Any year 7 student with missed doses of vaccine can be caught up in 2016.

Additionally – any year 8 student who commenced HPV vaccination while in year 7 and are yet to finish all 3 doses of HPV (and who has not received any from their local doctor) can still receive these at the next clinic at their school.

Don’t forget a Record of Vaccination is given to each student for each vaccination. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Any questions, visit the NSW Ministry of Health website at:

Careers
The Hunter Medical Research Institute (HMRI) are holding an Open Day on Friday 25 September from 10.00am to 4.00pm. The Open Day is a great opportunity for teachers, parents and students to see inside the research facility, engage with research scientists and for students to learn about options for Medical Research as career. For more information please contact Ellie McNamara on 4042 0588 or ellie.mcnamara@hmri.com.au or visit www.hmri.com.au/open-day to register.

Lisa McCarthy
Careers Adviser

Maths in Action – Year 7 Field Day
On Thursday 27 August, I took a team of Year 7 students (Rori Candian, Ashley Janissen, Joseph Mernagh and Max Moser-Finch) to a maths activity day at Lambton High School. Our team competed against 23 other teams represented by Catholic, Independent and Government Schools. The students participated well in all their activities, winning the bridge building competition with a magnificently strong, lightweight design which was half the cost of their nearest competition.

Tracy Zander
Mathematics Teacher
A group of Year 7 students went to Lambton High School for a Maths Day to represent St Pius X High School. Many schools from across the Diocese were there to start the day full of Maths. The first activity we did was finding Pi. We measured round objects and found the circumference and diameter, then divided them. The next best activity was bridge building, where we had to build a bridge out of paddle pop sticks, straws and tape. It had to hold a cup of water for 2 minutes. Ours survived which was great. All round it was a pretty fun day.

Max Moser-Finch and Joseph Mernagh
Year 7 Students

Depression Not Contagious, But Happiness Spreads Among Friends
“We’ve found that a healthy mood amongst friends is linked with a significantly reduced risk of developing, and increased chance of recovering from, depression,” said Frances Griffiths, a Professor at the University of Warwick, in a press release. “Our results offer implications for improving adolescent mood. The link to the full article found on the following page.


Mandy Willis
Wellbeing Action Team

Kids Winter Sleep Out
At a Year 7 Assembly on Wednesday 2 September, Joseph Hinchey presented a cheque for over $800 to Michelle Kot, Vinnies Diocesan Youth Coordinator. The money was raised by Joseph and some friends (Luka Drinkwater, Alexander Wellard, Noah Guest, Richard Delcourt, Andrew Price and Harry Fitzsimmons) who attended a Winter Sleepout at Joseph’s home in July. Also helping with other fundraising was Caitlin Galli and Hannah Glover. This is the third year that Joseph has held the event, which raises money to support homeless people in Newcastle. Well done to all involved.

Mandy Willis
Fahey House Coordinator
**Science and Engineering Challenge Team**

On Wednesday 26 August 2015, our St Pius X Team of 32 Year 9 and 10 students participated in the NSW Super Challenge conducted at The Forum, University of Newcastle. After an interesting day of hands-on activities such as bridge building, making a catapult, hovercraft, earthquake proof tower, eco house and other mind-twisting conundrums, our team defeated St Peter’s High School, Maitland by the narrowest of margins (less than half a point) to qualify for Nationals. This event will be held also at Newcastle University on 30 October 2015.

The Science and Engineering Challenge is a program developed by the University to provide school students with experience in aspects of Science and Engineering which they would not usually encounter in their school environment. Last year, the Science and Engineering Challenge involved more than 24,000 students from over 800 schools across Australia, including selective schools, private schools, single sex schools as well as co-educational comprehensive schools. We are now placed in the top 9 schools in Australia for this event.

The Challenge engages students in activities that encourage what are now known as the “STEM” subjects, Science, Technology, Engineering and Mathematics. We were very proud of the effort and exemplary team work displayed by our students and wish them all the best in their upcoming event.

The team consists of:  
Year 9: Chloe Wilson, Nathan Turner, Lucas Baita, Hannah Lovell, Joachim Angeli, Luca Sakoff, Kane Nolan, Jade Feeney, Olivia Nicolas, Samara Limbert, Ethan Ptolemy, Anakha Hari, Clare Melville, Liam Dunn, Darcy Castaldi, Kyle Theacos  


*Julie Healey and Helena Slee*

**Science Department**

**Tuesday Morning Fitness**

Term 4 will see us continue our Tuesday Morning Fitness sessions. As the weather warms up more and more students are taking advantage of this free, 40 minute session every Tuesday at 8.00am. These sessions will resume after the break, starting back on Tuesday October 13 (Week 2, Term 4). Thanks to all the students, staff and parents who have been supportive of this initiative.

*Amanda Mohr*  
Chisholm House Coordinator
Canteen Roster
We are in desperate need of volunteers. If you can help out please call the Canteen number below. If you are unable to attend on your allotted day, please contact Janelle Oliver or Sharon Hart at the Main Office on 4957 1032 or the Canteen directly on 4013 2629.

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Accounts Office

Hours of operation: Monday to Thursday 8.30am to 3.00pm, Friday 8.30am to 2.30pm

Accounts can be paid weekly, fortnightly, monthly, per term via Bpay (Tuition fees only), direct debit, cash, credit card or cheque.
Please ensure all accounts due are finalised promptly.

Students Please Note: When paying at the Account’s Office, payments can only be made before school, Lunch or Recess.

Canteen Roster
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The Year 7/8 AllSchools Touch Championships were held recently at Wallsend Touch Fields. Results from the day are listed below.

### Year 7/8 Girls

<table>
<thead>
<tr>
<th>Game</th>
<th>Opponent</th>
<th>Result</th>
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</thead>
<tbody>
<tr>
<td>Game 1</td>
<td>Vs Hunter River High</td>
<td>Won 10-0</td>
</tr>
<tr>
<td>Game 2</td>
<td>Vs Muswellbrook</td>
<td>Won 5-1</td>
</tr>
<tr>
<td>Game 3</td>
<td>Vs Tomaree</td>
<td>Won 6-0</td>
</tr>
<tr>
<td>Game 4</td>
<td>Vs Hunter River High</td>
<td>Won 5-0</td>
</tr>
<tr>
<td>Semi Final</td>
<td>Vs Hunter Sports High</td>
<td>Lost 1-2</td>
</tr>
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Hannah Cullen, Holly Draganic, Breannan O’Neill, Isabella Balcomb, Paris Fonua, Sienna Mason, Erin Mulhearn, Madison Poole, Tess Fanning, Amelia Williams.

### Year 7/8 Boys

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<th>Opponent</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Game 1</td>
<td>Vs Tomaree</td>
<td>Drew 1-1</td>
</tr>
<tr>
<td>Game 2</td>
<td>Vs Francis Greenway</td>
<td>Won 8-2</td>
</tr>
<tr>
<td>Game 3</td>
<td>Vs Belmont High</td>
<td>Won 9-1</td>
</tr>
<tr>
<td>Game 4</td>
<td>Vs Singleton High</td>
<td>Won 3-2</td>
</tr>
<tr>
<td>Game 5</td>
<td>Vs Callaghan College</td>
<td>Won 9-0</td>
</tr>
<tr>
<td>Semi Final</td>
<td>Vs Warners Bay High</td>
<td>Lost 1-4</td>
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Cross Country
Congratulations to Rose Davis (Year 10) who has been selected as a reserve for the Australian Cross Country Team who will compete in Budapest Hungary at the World Championships next Year.

Rose recently travelled to Melbourne competing in the National Championships both individually and as a Member of the NSW team who placed 2nd behind Queensland. Well done Rose.

Cheerleading
On Sunday 6 September the St Pius X Cheerleading team competed at the AASCF NSW State Titles held at Sydney Olympic Park. The girls were not only crowned High School Level Two champions, they were also the highest scoring school team from any division and were crowned High School Grand Champions!

Well done to all team members: Jorja Bailey, Phoebe Smith, Hollie Pringle, Ella Cameron, Indira Stackhouse, Hayley Hadlow, Kate de Groot, Lilli McQualter, Adrianna Rossi, Taylah Wiggins, Samara Limbert, Sophie Matejczuk, Mackenzie Bristow, Stephanie Kelly, Sienna Spooner, Charlotte Smith, Hannah Peacock, Sarah Jones, Emma England, Holly Reid, Chelsea Chapman, Jessica Hay, Marli Ryan, Dominique Byrne, Jemmason Renfrew and Abbie Goodbun.

Thanks to all parents for supporting our team with transport, hair quiffs, red lips and bow bling. Looking ahead, the team will now compete at the Scholastic Nationals on October 24 at the same venue.

Amanda Mohr
Cheerleading Coach
Dio Golf
On Friday 28 August, a group of 12 students from St Pius took part in the Diocesan Golf Championships at the Newcastle Golf Club course at Fern Bay. The students were a credit to St Pius in the way they conducted themselves and all players had a day they will remember. We fielded a mixed group of experienced and not so experienced players and even the experienced players were challenged by the demands of this championship course.

Oscar Gilson was the best performed golfer from our school, playing in the 18 hole Championship event. He came second in his age group, only being beaten by another Year 8 student Corey Lamb from Maitland, who was also the best player on the day across all age groups – shooting a round of 83.

Benjamin Hawes of Year 8, James Cameron and Joshua Cook from Year 10 played some very good golf, but were not as consistent as they could have been and the course can be very unforgiving. Some of the less experienced players took part in a ‘9 Hole Ambrose Event’ which helps younger players to develop their skills without being too difficult to enjoy.

All students had a great experience, they were provided with a very tasty lunch and attended the presentation at the end. This was an excellent opportunity for all students interested in the game to have a hit and experience what the game has to offer.

Col Griffin
Teacher
Dear Parent/Carer

Each year the Diocese of Maitland-Newcastle has to review and adjust the fees for students in our diocesan schools for the coming year. By far the greater part of our schools’ funding now comes from State and Federal government funding, but the commitment and continuing financial contribution of parents and parish communities is still essential to fill the gap between the funds provided by government and the actual cost of running our schools. This letter is to inform you of the fee arrangements for 2016. The following rates and discounts have been reviewed by the Catholic Schools Council, the Federation of Parents and Friends Associations and the Diocesan Finance Council. Upon the advice of those bodies, they have been approved by Bishop Wright.

1. Family Model for Diocesan Tuition Fees
The Diocese of Maitland-Newcastle is very conscious of the financial challenges facing parents. In 2013 a new approach was taken to easing the burden for families with more than one child in diocesan schools. Broadly, the change was to apply the discount to each school child in the family, whether they attended the same diocesan school or not. For example, a family with one secondary and two primary school children in diocesan schools now receives a 20% discount on the secondary school fees and on the primary school fees of both the younger children. Previously, this family might only have received a discount on the second child in the primary school. The discount rates are set out below.

2. Diocesan Tuition Fees 2016
In 2016 the Diocesan Tuition Fees, full rate, will be:

- Kinder to Year 6: $1,152 (increase of $45 p.a. or $0.87 per calendar week from 2015)
- Years 7 to 10: $1,587 (increase of $63 p.a. or $1.21 per calendar week from 2015)
- Years 11 to 12: $2,427 (increase of $84 p.a. or $1.62 per calendar week from 2015)

In 2016, the Family discount on Diocesan Tuition Fees, full rate, will be:

- 1 child family: 0% - full rate to be applied
- 2 child family: 10% - each child
- 3 child family: 20% - each child
- 4 child family: 40% - each child
- 5+ child family: 50% - each child

3. The Diocesan Family & School Building Levy (DF&SBL)
The DF&SBL is a diocesan levy, charged to the oldest child for each family. The DF&SBL assists in financing capital works in existing schools, the acquisition of land and the development of new schools. Historically and for a considerable period, our schools were built and maintained by the voluntary contributions of the people of the diocese through their parishes. Part of the DF&SBL, therefore, now helps support the diocese in its pastoral ministries, including various Pastoral Workers, the Refugee and Aboriginal ministries, the Hospital Apostolate, and Seasons for Growth, the change, loss and grief program.

Catholic Schools Office
841 Hunter Street, Newcastle West 2302 | PO BOX 714 Newcastle NSW 2300
Phone 02 4979 1200 Fax 02 4979 1209 ABN 79 469 343 054 Visit us online www.mn.catholic.edu.au
The DF&SBL rate for 2016 will be $672 per family. This amounts to an increase of $33 p.a. or $0.63 per calendar week per family. The DF&SBL rate is reviewed, recommended and approved in the same manner as mentioned earlier for the Tuition Fees and Discounts.

4. Special Fee Reductions
To assist families with limited financial resources, Catholic schools in the Diocese of Maitland-Newcastle offer a lower tuition fee to ‘means tested’ low income families such as Health Care and Pension Card holders. This rate is 50% of the Diocesan Tuition Fee full rate for each child. This discount applies only to the Tuition Fee, not to the DF&SBL or special purpose fees charged by the school itself.

Please note, however, that it is our policy that financial hardship should not prevent a child from attending a Catholic School and no child will be denied a Catholic Education because of a family’s genuine inability to pay the required school fees. This does not apply only to the eligible Health Care/Pension Card holders mentioned above. Any family experiencing financial difficulties is entitled to fee assistance. The Principal of the school can be contacted to discuss such situations.

Together with parents, clergy and school staff, we are committed to offering the children and young people in this diocese, schools in which their faith can be nurtured in outstanding learning environments. We seek to assist young people to realise their full human potential, spiritual, intellectual, physical and social. We value the opportunity to work in partnership with you to that end, and thank you for your continuing support of Catholic Education in this Diocese.

Yours sincerely

Most Reverend William Wright
BISHOP OF MAITLAND-NEWCASTLE

Ray Collins
DIRECTOR OF SCHOOLS
R U OK? Day is a national day of action dedicated to encouraging all Australians to ask family, friends and colleagues ‘Are you OK?’ The day is held on the second Thursday of September (10 September in 2015).

R U OK? Day is designed to target the whole population, to help all people understand the role they can play in supporting those grappling with a problem, big or small. Most people don’t openly share their feelings, particularly if they are struggling. The best thing we can all do is regularly talk to the people we care about. Schools are often the hub of a community. As well as touching base with our colleagues, staff in schools often have a connection with members of the extended school community.

It is natural for people who are feeling anxious or overwhelmed to also feel isolated and lonely. As well as assisting people to see they are not alone, encouraging people to check on family, friends and colleagues has many benefits.

Discussing a problem out loud can help them feel less overwhelmed. Asking for another person’s perspective about a problem can also help identify potential solutions. It’s ok to say “I’m not ok” and it’s ok to ask for help.

The following 4 step process is recommended:

1. **Ask R U OK?** - start a general conversation, preferably somewhere private. Ask open ended questions - ‘What’s been happening? How are you going?’ ‘I’ve noticed that...What’s going on for you at the moment?’ ‘You don’t seem like yourself and I’m wondering are you OK?’

2. **Listen without judgement** - guide the conversation with caring questions and give them time to reply - ‘How has that made you feel? How long have you felt this way? Have you talked to anyone about this?’

3. **Encourage action** - summarise the issues and ask them what they plan to do - ‘What do you think might help your situation?’

4. **Follow up** - Put a note in your diary to touch base or call them in one week. Ask if they’ve managed to take that first step and see someone. If they didn’t find this experience helpful, urge them to try a different professional because there is someone out there who can help them.

Dealing with denial? If they deny the problem, don’t criticise them. Acknowledge they’re not ready to talk. ‘I understand that you don’t want to talk about it but call me when you’re ready to discuss it.’

Say that you are still concerned about changes in their behaviour and you care about them. Ask if you can enquire again next week if there’s no improvement.

R U OK? Day is an independent, not-for-profit organisation committed to providing focus and leadership on suicide prevention by empowering Australians to have open and honest conversations and stay connected with people in their lives.

The national day of action aims to increase public awareness and understanding about the link between connection, community, wellbeing and suicide prevention. Programs are designed to provide ongoing education and information about ways to support each other through life’s ups and downs.

www.ruokday.com

www.happyschool.com.au  HappySchoolStaff  info@happyschool.com.au
HMRI Open Day

Overview for School Students

Discover the exciting world of medical research that takes place at the Hunter Medical Research Institute at the 2015 HMRI Open Day.

The 2015 Open Day will also host a multi-level research expo where students will, for the very first time, have the opportunity to observe research being done first hand in each of the laboratones throughout the building. The laboratory tours will be hosted by researchers and will take the community behind the scenes to witness a working laboratory where real time experiments will be taking place.

The day will include a devoted kids floor where kids will be able to join in with the interactive science sessions, take part in the football clinic hosted by Mark Hughes and friends from the Newcastle Knights, enjoy the ‘What grows more bugs’ science shows, take part in the Science and Engineering Challenges, SMART Demonstrations or Robot Shows, invent something great in the crazy inventions laboratory or learn about the messy side of science at the ‘Things that go pop, fizz and bang!’ demonstrations.

Primary and High School students can attend a school science talk to learn firsthand from young researchers about their journey into a career in science and what it’s like to be a researcher. The science sessions are informal Q & A style sessions where kids and teenagers can hear about researchers different experiences in getting from school to science to inspire them and to ignite their imaginations through storytelling.

Through researchers personal stories students will learn that all different kinds of people can have a career in medical research. The science talks are a new feature of the HMRI Open Day, which last year attracted hundreds of students to the HMRI Building for the free and fun school holiday event.

HMRI will also host two special Science meets Fiction Lectures for the young and young at heart. Join Dr Luke Hesson from the Museum of Human Disease will present ‘The Genetics of Rare Abilities-Real Like X-Men’ and ‘The Science Behind Zombie’s’s’ where he will discuss the real life science behind the fictional phenomenons (bookings are essential to secure your place).

The Open Day will run from 10am to 4pm on Friday September 25th.

For more information please contact Ellie McNamara ph: 4042 0588 or ellie.mcnamara@hmri.com.au

Please visit www.hmri.com.au/open-day to register.
2015 HMRI OPEN DAY
FRIDAY 25TH SEPTEMBER

DISCOVER THE EXCITING AND ENGAGING WORLD OF MEDICAL RESEARCH AND SCIENCE!

Don’t miss the exciting kid’s science program!

Interactive Kids Science Sessions
Crazy Inventions Laboratory
‘Things that go Pop, Fizz and Bang!’ demonstrations
‘What grows more bugs?’ science shows
Healthy Kids Football Clinic with Mark Hughes and friends
The Genetics of Rare Abilities - Real Life X-Men talk
The Science Behind Zombies Lecture with ‘Zombie Expert’
School Session: ‘How did we get here? Stories from working inside a medical research institute’
Plus lots, lots, LOTS more.

For the full program of events or to register, visit: hmri.com.au/open-day

In partnership with our Community
Tickets are now on sale for the

*St Pius X Mothers Dinner*
*At “Harborview on Queens Wharf”*

**Date:** 16th October 2015  
**Time:** 6.30pm for 7.00pm  
**Cost:** $65.00 - Canapés (6.30-7pm), Main and Dessert

Tickets may be purchased individually or as groups.  
Table maximum seat 10

**Hurry final ticket sales – 1.00pm Friday 18 September 2015**  
Absolutely NO TICKET SALES after this date!

We are seeking donations for raffle prizes and assistance on the night. Please contact us if you are able to help.

Natalie Steel 0419 505 366 or email jason.steel@bigpond.com  
Therese McCloy 0422 228 702 or email tbmccloy@hotmail.com

Please complete the details below with the names of the people to be seated at your table.
Send in the completed form with your full payment to the ‘P & F Box’ located in the main Reception Office at St Pius X High School.

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<thead>
<tr>
<th>1.</th>
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Table Contact Name: | Phone: |

Dietary requirements:
To audition for the 2016 production the dates are as follows:
- 2nd November 2015 - Dance and Stage Band
- 4th November 2015 - Drama
- 5th November 2015 - Vocal

All held at St Therese’s New Lambton from 9:00 am
Audition forms available from your school or at
http://www.mn.catholic.edu.au/students/performing-arts/aspire

Civic Theatre Newcastle
Thursday 4th August | Friday 5th August | Saturday 6th August
HOLIDAY WORKSHOPS
SEPTEMBER 2015

ASPIRE is offering wonderful workshops over the September holidays. These workshops are open to any student from any of our schools in our Diocese.

ALL WORKSHOPS HELD AT ST THERESE’S ROYAL ST, NEW LAMBTON, ENTRY VIA ROYAL ST GATES, HALL END

ASPIRE TWO DAY PERFORMANCE WORKSHOP 22ND – 23RD SEPTEMBER 10AM – 4PM
With Lauren Wheatley and Anna Kerrigan
COST: $150
AGES: Years 5 – 10
This is a great opportunity to get a taste of what ASPIRE is all about. Over the course of 2 days you will work on a short performance that incorporates vocal, dance and acting components. Students can sign up for either the musical theatre or acting group and work on set pieces in their group before bringing everything together and creating a new performance piece. Students will initially work in discrete groups within Musical Theatre or Acting and then will be combined.
Musical Theatre Participants will look at voice, movement and overall performance skills. Time will be spent looking at solo and ensemble work. The emphasis will be on stage craft and developing participants understanding of what it takes to give a great performance.
Acting Participants will look at devised and scripted work as they assist in crafting the plot of the performance piece. Each student will be given a character to focus on and spend time working on their own acting skills as well as working as part of a team to get a performance onstage.

ACTING: THE AUDITION 24TH SEPTEMBER, 10AM – 4PM
With Anna Kerrigan
COST: $50
AGES: Years 4 – 9
Spend the day working with ASPIRE’s artistic director on giving a great audition. Participants will be required to prepare a short monologue to use on the day which will be workshoped. In addition to this students will learn about using their voice and physiognomy to the best effect. Finally the day will finish in a mock audition and students given detailed feedback on their efforts.

MUSIC: SINGER-SONGWRITER 24TH SEPTEMBER, 10AM – 4PM
With professional musician Mike McCarthy
COST: $50
AGES: Years 5 – 10
Bring along your instrument of choice and work alongside a professional musician for the day as you write your own songs. Looking at everythng from lyrics and finding inspiration to finding the right riffs and musical patterns, this is a great opportunity to hone your skills and work in your preferred style.

WORKSHOPS
Payment for workshops can be made by cheque payable to the Catholic Schools Office by cash in person at Catholic Schools Office Hunter Street Newcastle West. For enquiries phone Anne Atkins on 4979 1331 or Anna Kerrigan on 0424 961 775
Once the booking is made further information will be forwarded to participants.
# St Pius X High School Uniform Shop

**Operating Hours**

- **School Term**
  - Monday: 10.30am - 12.30pm
  - Wednesday: 2.30pm - 4.30pm

**Girls Uniform: 7 - 10**

<table>
<thead>
<tr>
<th>Size</th>
<th>Price</th>
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<tbody>
<tr>
<td>S/S Formal Blouse, All Sizes</td>
<td>$39.00</td>
</tr>
<tr>
<td>Tartan Skirt, All Sizes</td>
<td>$68.00</td>
</tr>
<tr>
<td>Girls Fitted Pants, All Sizes</td>
<td>$20.00</td>
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**Boys Uniform: 7 - 10**

<table>
<thead>
<tr>
<th>Size</th>
<th>Price</th>
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<tbody>
<tr>
<td>S/S Formal Shirt, All Sizes</td>
<td>$37.00</td>
</tr>
<tr>
<td>Formal Shorts, All Sizes</td>
<td>$48.50</td>
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<tr>
<td>Formal Trousers, All Sizes</td>
<td>$55.00</td>
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**Winter Uniform**

<table>
<thead>
<tr>
<th>Size</th>
<th>Price</th>
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<tbody>
<tr>
<td>Knitted Jumper, 5 - 16</td>
<td>$82.00</td>
</tr>
<tr>
<td>18 - 22</td>
<td>$92.00</td>
</tr>
<tr>
<td>Polar Fleece Top, All Sizes</td>
<td>$55.00</td>
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**Sports Uniform**

<table>
<thead>
<tr>
<th>Size</th>
<th>Price</th>
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<tbody>
<tr>
<td>Sports Polo, All Sizes</td>
<td>$42.00</td>
</tr>
<tr>
<td>Sports Shorts - unisex, All Sizes</td>
<td>$38.00</td>
</tr>
<tr>
<td>Sport Shorts - girls, All Sizes</td>
<td>$38.00</td>
</tr>
<tr>
<td>Tracksuit Jacket, All Sizes</td>
<td>$79.00</td>
</tr>
<tr>
<td>Tracksuit Pants, All Sizes</td>
<td>$50.00</td>
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**Accessories**

<table>
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<tr>
<th>Size</th>
<th>Price</th>
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<tbody>
<tr>
<td>Sport Socks - white ankle (1pk), All Sizes</td>
<td>$6.50</td>
</tr>
<tr>
<td>School Socks - grey, All Sizes</td>
<td>$8.50</td>
</tr>
<tr>
<td>Microfibre Tights - grey, All Sizes</td>
<td>$10.00</td>
</tr>
<tr>
<td>Sports Cap, All Sizes</td>
<td>$18.00</td>
</tr>
<tr>
<td>Leather Belt, All Sizes</td>
<td>$15.00</td>
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**Shoes**

School Shoes – to be black lace-up, able to be polished leather school shoes which do not extend over the ankle or have a platform. The leather should cover the whole upper foot for safety. Boots, joggers and sneakers are not permitted.

Sports Shoes/PE Practical – to be predominantly white, and should have laces or velcro strips, and be supportive of the feet during exercise.

**Please Note**

- Sizes available: 
  - Primary School: Boys J4 – XS & Girls J4 – L8
  - Secondary School: Boys J10 – 3XL & Girls J10 – L20
- Sizes not carried are available by order, however, production time (usually 90 days) must be allowed, and a 50% non-refundable deposit made upon order.
- For sizes 4XL and L22 and over, a $10 surcharge will apply.

Online orders are distributed from the Uniform Shop, therefore postage will occur on the next opening day of the Uniform Shop.

Payments can be made with Cash, Credit Card or Debit. Credit Cards only.

Please contact your bank regarding individual access and availability of these facilities.

13/07/2015  3:33 PM  Prices subject to change without notice
Second-Hand Uniforms

A large number of parents/carers have expressed the need to have second-hand uniforms available. St Pius X High School runs a service which enables all parents to buy/sell second-hand uniform items. The service works in the following way:

1. Parents/carers fill out a form with the details of the item/s required to buy/sell and supply a contact number. This form will be available from reception, or alternatively you may email your details to: admin@adamstownsp.catholic.edu.au.

2. These details are then advertised in a special “Second-Hand Uniform” section of each newsletter.

3. The advertisement will run for one month or two editions of the newsletter.

4. Parents/carers will simply contact the number supplied and deal directly with the person buying/selling.

Please note that no second-hand uniform items will be kept by St Pius X High School. For any further information regarding Second-Hand Uniforms, please contact Reception.

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Second Hand Uniforms

Name (optional):...........................................................................................

☐ Buy  ☐ Sell (please tick)

Item:..............................................................................................................

Contact Number:......................................................................................

<table>
<thead>
<tr>
<th>Name</th>
<th>Ph Number</th>
<th>Items</th>
<th>Size</th>
<th>Buy/Sell</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jacki</td>
<td>0438 228 496</td>
<td>Girl’s Full Uniform</td>
<td>Girl’s Size 12</td>
<td>Buy</td>
<td></td>
</tr>
</tbody>
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