Dear Families and Friends of the St Pius X Community

**Care Crossing Roads**

Parents and Carers, please remind your children to take care when crossing roads, especially when arriving at and leaving from school. The roads at those times are extremely busy around the school. Where possible, students must use crossings. Where this is not possible students must take appropriate care to look both ways and make certain it is safe to cross a road before doing so. This is especially important where students are crossing Fletcher Street, the main drop off and pick up zone for buses. Please explain to your children the dangers of using mobile phones or other distracting technologies while crossing roads. They must focus their full attention on crossing the road safely.

**St Pius X Feast Day**

This Thursday, 21 August, is the Feast Day of our patron Saint, St Pius X. Pope St Pius X was born at Riese, a small village in Venetia, Italy, on June 2, 1835. His name, prior to his election as pope, was Joseph Sarto. He lived in a poor family - one of eight children. He was ordained a priest at the age of 33 and worked for seventeen years as a parish priest before becoming Bishop of Mantua. In 1892, Joseph Sarto advanced to the metropolitan See of Venice with the honorary title of Patriarch. On August 4, 1903, he was elected Pope of the Holy Catholic Church.

Pope St Pius X announced in his first encyclical that his papacy would seek "to renew all things in Christ", which was adopted as our school motto. St Pius X is primarily remembered for allowing children to receive First Holy Communion at a much younger age - the age of 7 instead of 12 or 14. He said, "Holy Communion is the shortest and safest way to Heaven." Consequently, he encouraged frequent reception of Holy Communion. He is also remembered for bringing Gregorian Chant back to the Church, encouraging daily Bible reading, establishing various Biblical institutes, reorganizing the Roman Curia and taking a stand against Modernism, which he called the "synthesis of all heresies". He also worked on the codification of Canon Law.

In his will, Pope St. Pius X said, "I was born poor, I have lived poor, I wish to die poor." He was canonized on May 29, 1954, by Pope Pius XII - the first Pope canonized since St. Pius V in 1672.

We will celebrate the Feast of St Pius X with a liturgy, followed by an afternoon of stalls and activities. Funds raised will be split between social justice works on our next Immersion Experience and Catholic charities here is Australia.

**Warning Regarding Snap Chat**

Snapchat is a photo messaging application. It is not new. It has been around since 2012 at least. Using the application, users can take photos, record videos, add text and drawings, and send them to a controlled list of recipients. These sent photographs and videos are known as "Snaps". Users set a **time limit** for how long recipients can view...
their Snaps (as of April 2014, the range is from 1 to 10 seconds), after which they will “explode” – that is, be hidden from the recipient's device and deleted from Snapchat’s servers. According to Snapchat in May 2014, the app’s users were sending 700 million photos and videos per day, while Snapchat Stories content was being viewed 500 million times per day.

I offer the following word of warning, however. Snaps can easily be sent to shock, threaten or bully people. More recently, apps have been developed that allow a recipient of snaps to capture and store them, regardless of the assurance by Snapchat that they will be deleted and inaccessible within the specified time frame.

There is now a serious problem in several countries, where girls are being talked into taking sexually explicit selfies and sending them to multiple male friends under the misapprehension that the images will “explode” and disappear within the specified time frame of a matter of seconds. Sadly, in many of these cases, the male recipients use the newly available apps to capture and store the selfies and then repost them.

http://www.mirror.co.uk/news/uk-news/snapchat-porn-order-craze-creates-4063055

Parents and Carers must be vigilant and need to discuss the appropriate use of social media and associated apps with their children. Snapchat is not inherently bad but it is yet another example of software that can be used to bully or sexually exploit children and teenagers.


Slingshot is a similar app to Snapchat launched by Facebook. The difference is that photos and video sent via Slingshot remain visible to the recipient until deleted by the sender.

It Would Be Nice To Win $5000
Have you voted yet in the CUA Community Care competition? We are about 2600 votes behind the leading school. For what it’s worth voting is still open until 24 August. If everyone in our 3000 strong school community voted and voted as many times as they had email addresses we would easily bridge this gap and win the $5000 that is up for grabs. All I can do is ask that you do that please. $5000 is not a huge amount for a large high school but I would rather have that extra money than not have it. To place your vote, visit www.cuacommunitycare.com.au and follow the instructions.

Have a lovely week!

Robert Emery
Principal

Nationally Consistent Collection of Data (NCCD)
Many students have been identified as meeting the criteria for inclusion in the NCCD. Parents of these students have been contacted by way of a letter outlining the procedure. Within the letter is a Parent Permission Note. We urge all parents who have received the Permission Note and wish for their children to be part of this data, to sign the form and return with the Reply Paid Envelope as soon as possible.
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<td>St Pius Day</td>
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<td>School Dance – St Therese’s New Lambton</td>
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Curriculum
The Alternative Program during Year 10 Retreat

Year 10 Retreat is one of the most significant events on the school calendar each year.

Most students in Year 10 are able to attend the 3 days and go on to remember the time away with friends and staff as one of the highlights of their time at St Pius X.

A vital component of running a successful retreat is having sufficient staff members who are prepared to spend the time away from their own families and assist our students with this time of reflection and growth.

But what happens to the rest of the school with so many members of staff away? This is where the Alternative Program becomes significant.

School for Years 7, 8 and 9 continues as usual during retreat. However, there will be a combination of normal lessons, special activities or presentations, excursions and Assessment Tasks run over the Wednesday, Thursday and Friday of Week 9 (10-12 September).

Each Year group will have a number of different activities organised from different faculties. Some activities relate specifically to units being studied, others will relate to more general themes from a subject or to issues such as social justice. We attempt to keep costs to a minimum and most activities are held here at the school.

You will soon receive a more detailed explanation of the activities being conducted in each Year group. Some of you may have already received permission notes regarding an excursion.

We appreciate your support in maintaining the success of the Alternative Program by ensuring that your son or daughter attends school as usual during the Year 10 retreat.

Stephen Dunn
Dean of Studies

Ministry

Next Life Teen Night:
Weds 27th August,
6.30pm
St Philips Parish Hall
Vista Parade, Kotara
For High School Teens in years 7-12

Upcoming Life Teen Youth Mass:
Sunday Aug 31st, 5.45pm at
St Therese’s, New Lambton.
Come show your support for our Youth.
After Mass cuppa will resume in warmer weather

Solemnities and Feasts
In the last couple of weeks we (the Church) have celebrated significant feasts. Friday 8 August the Feast of Australia’s first, and only, saint, Mary of the Cross MacKillop; Friday 15 August was the solemnity of the Assumption of Mary into Heaven. This day is still considered so important in the tradition and life of the Church that it is still celebrated as one of two ‘Holy Days of Obligation’, whereby we as Catholics are required to attend Mass; and this
Thursday 21 August is the Feast of St Pius X, our school patron Saint. These significant feasts in the life of the Church help unite us to the universal Church.

**Year 10 Retreat**

Letters have gone home to all parents regarding the Retreat (in case some didn’t know it was on!) If you wish your child to attend the Retreat and you have not paid a deposit, you will need to contact me directly to see if there is space still available. The second payment was due on Friday 8 August ($120). Many students still have not paid this second amount. Unless you have made other arrangements with me, please pay ASAP. You would understand the need to know numbers, especially in dealing with a large number. Bookings for buses and accommodation need to be finalised and costs are incurred if numbers change, let alone the disappointment from students if they are told that it is too late to attend. Groups and cabins are also being made up with teacher allocations. All this requires much time and effort from many people.

The letters sent out have all the details and require a number of forms to be returned, including a ‘Parent and Student Contract’ and ‘Medical and Dietary Requirements’. These forms must be returned ASAP, and at the latest by Wednesday 27 August.

**Fund Raising at St Pius**

Some students are not following the correct procedure when fund-raising. Students need to get permission (which so far has always been given) if they want to fund-raise in the School grounds. This needs to be done each Term. This requirement has been advertised all year in both Student notices (weekly) and School Newsletter (almost every one). If students continue to disregard this opportunity, ‘ignorance’ of the 2014 changes will no longer be accepted, and students may be disappointed when they are asked to cease. Permission lanyards need to be returned at the end of each Term, or when the fund-raising period has expired.

*(Tony Worner)*

*Ministry Coordinator*

**Careers**

**First Aid Course**

St Pius X High School is offering interested students in Year 10 the opportunity to undertake a nationally recognised course in First Aid.

The First Aid course is a whole day program conducted at school. The course is $70.00 and will be held on Tuesday 2 September. Places are limited to 30 participants within the course. If your child is interested in completing the First Aid course, please collect and complete a Permission Note from Student Services. Permission Note and payment are due by no later than Tuesday 26 August 2014.

*(Lisa McCarthy)*

*Careers Advisor*

**Pastoral Care**

‘You can rely on me’

A father and his son were walking down at the beach. The son was kicking sand and angry as his friends hadn’t turned up. “What’s up son?” the dad said. “I am so angry at my friends,” the boy said, “they said they were going to be here.” People
always let you down.” The father walked calmly beside him, “There is always someone you can rely on, sometimes you just have to think about it. He stopped and pulled out a faded old photo and said, “this man taught me the value of reliability, honesty, truthfulness and fairness. They stood together in silence and looked at the faded image. We knew what we had to do and that he would be fair. He didn’t give up; he taught us to try our best and ask for help.” “I never really knew him, did I dad? He died before I was born. Do you miss him lots Dad?” “Yes, but he is in you, and you can be like him. You can always rely on me.”

August is grief awareness month and we can take the time to think about grief in our own lives, and be aware of others who may be going through some form of grief, as a result of change and loss.

**Knitting group**
The Knitting group continues in Room 421 on Tuesday and Wednesday lunchtimes. Lessons will be provided so come along and learn a new skill and relax.

**LAP Program: Learning Assistance Program**
Mentoring for learning, for staff, parents and students. Got half an hour a week to spare? Keen to assist someone to learn and maybe help them become more organised? Help someone change their future? For more information email: bronwyn.melville@mn.catholic.edu.au

**Vinnies News**
Vinnies meets in the Pastoral Care room, second half of lunch Wednesday 20 August 2014 to have your input – for all Vinnies’ members.

**The “Last Mass on Sunday Night” – Lifeteen Mass**
Every Sunday night, at 5.45pm, the last mass for Sunday is held in the Newcastle region. It’s at St Therese’s Royal St, New Lambton, and it features a lively band of young people performing great music. You can get involved or just come and enjoy the ambience. Of course there’s the enlightening sermon and the main event, the Paschall Lamb making an appearance – yes you can also receive Jesus. So bring your best self and be part of the community of faith. After all we are given 168 hours a week, and one hour is all it takes. Come and meet the Lifeteen young people.

A bumper sticker seen recently in the US – ‘Honk if you love Jesus. Text if you want to see Him soon.’

*Bronwyn Melville*
Pastoral Care Worker

**SRC News**

**School Dance**
The Term 3 School Dance will be held on Friday 5 September at St Therese’s New Lambton. The theme is ‘Weekend Sports’. The dance starts at 7.00pm and finishes at 9.30pm. Tickets will be on sale Wednesday 3 September (Lunch) and Thursday 4 September (Lunch). Tickets are $10.00 each. Do not miss out! Any help from parents would be greatly appreciated. Please follow the directions on the permission note to help out.

**St Pius X Day**
St Pius X Day will be held on Thursday 21 August. The day will celebrate the life of St Pius and challenge students and staff to “turn over a new leaf” in our efforts to follow St Pius in renewing all things in Christ. The day is ‘Out of Uniform’ with the theme dedicated to our retiring Deputy Principal Mr Roff – “RECYCLE THE ROFF WAY.” We encourage all students to come dressed in recycled clothing from St Vincent’s de Paul or another Op Shop. Alternatively, they can create a costume made from recycled materials such as garbage bags, newspapers etc. Students creating costumes and travelling to school via the bus are to get changed into their costume once at school. A gold coin donation will be collected in Care Group that morning.
Periods 1, 2 and 3 will be normal lessons. The afternoon will consist of a liturgy, fashion parade, the Pius Cup, talent quest and food and activity stalls. All money raised will be distributed between the Vietnam Immersion Programs and a Catholic Agency to be determined by the SRC. School will finish as normal at 3.10pm.

Laura Gallagher
SRC Chairperson

Diocesan Debating Competition
St Pius X teams have done well in the Years 7 and 8 sections of this competition.

Our Year 8 team was unlucky not to progress to the finals despite a solid win in the early rounds of the Year 8 regional day held at St Pius.

Our Year 7 team put in an outstanding performance to win the Diocesan Title at San Clemente, thus qualifying for the State Titles in Sydney later in the year.

Congratulations to all the students involved and thanks to Ms Bartley for her coaching efforts with the Year 8 team.

The Years 9 and 10 days are coming up soon.

TEAMS:
Year 7: Olga Scorer, Jasmine Brown, Summer Harrison
Year 8: Imogen Mahony, Sarah Williams, Henry Maher

Greg Struck
Debating Organiser

Food Technology
Year 10 Food Technology has been busy preparing and beautifully presenting dishes suitable for celebrations.

Here are some photos of our dishes.
Sarah Watson
Food Technology Teacher

RoboCup Junior Competition
On Thursday 31 July the following Year 8 boys participated in the RoboCup Junior Competition at the University of Newcastle – Thomas Dunn, Liam Dunn, Heath Bennett, Riley Arentz, Cameron Bond, Oscar Olson, Luke Callaway, Jazz Rodriguez, Craig Paul, and Kevin Flegg. They spent the weeks beforehand designing a Lego Robot and programing it to follow a rescue mission. All boys used their design and problem solving skills to navigate their way around the mission. Our best placed team finished 11th out of 51 teams, a huge achievement considering it was our first exposure to the competition. They are to be congratulated on their enthusiasm to participate in this extra-curricular activity.

Cherie Borger
Technology Teacher

Year 10 Marine Studies students have recently attended an excursion to the Maritime Museum in Sydney for an exhibition on ‘The Beautiful Whale’ followed by an IMAX film ‘The Great White Shark.’ The highlight for many seemed to be the ‘Onslow’ Submarine tour. The students behaved well on both days.

The Year 9 Marine Studies classes are now in the new Marine Room and have just set up their new fish tanks in an excellent environment. Coming up soon is the excursion to Nelson Bay to the ‘Shark and Ray Centre’ - notes and money should be returned as soon as possible. Also coming up early next Term is an excursion for Year 9, snorkelling at Fly Point – notes will be issued shortly. Years 9 and 10 Semester 2 assignments are due shortly.

Michael Lee
Marine Studies Teacher

The Magic Flute
The Magic Flute is performed in English and runs for approximately 2 hours 20 minutes, including a 30 minute interval. The Opera Australia Regional Tour (formerly known as Oz Opera) production is designed to entertain people of all ages during its tour across 30 regional centres in New South Wales, Victoria, Canberra and Tasmania in 2014. One of our very talented students, Anna Varnum is performing.

The Magic Flute will be at the Civic Theatre for one performance only at 7.30pm on Tuesday 26 August 2014. For bookings phone Ticketek on 49291977 or visit: www.civictheatrenewcastle.com.au
**School Contact Details**

St Pius X High School  
Park Avenue Adamstown   2289  
**Reception:** 02 4957 1032  
**Student Office:** 4013 2634  
**Fax:** 02 4957 5088  

email: admin@adamstownsp.catholic.edu.au  
web site: http://www.adamstownsp.catholic.edu.au  
P & F Meetings: 2nd Tuesday each month at 7.00pm

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**Student Services**  
Ph: 40 132 606  

- Medication will not be administered to students without prior written permission from parents/guardians.  
- ‘Administration of Medication’ forms are available from Student Services to be filled in and signed.  
- Medication for students must be supplied by parents/guardians.

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**Accounts Office**

Hours of operation:  
**Monday to Thursday** 8.30am to 3.00pm  
**Friday** 8.30am to 2.30pm

Accounts can be paid weekly, fortnightly, monthly, per term via Bpay (Tuition fees only), direct debit, cash, credit card or cheque. Please contact the Accounts Office for further information regarding your account.

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**Canteen Roster**

If you are unable to attend your allotted day, please contact Janelle Oliver or Sharon Hart at the Main Office on 4957 1032 or the Canteen directly on 4013 2629.

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Sport News

Diocean Athletics – Glendale Athletics Centre – Thursday 7 August

The Diocese of Maitland/Newcastle Athletics Championships was held recently. Unfortunately injury and illness saw St Pius X represented with a small but very competitive team. A Diocesan team, who will compete at NSWCCC Athletics Championships, was selected from performances on the day.

Congratulations to the following for selection into this team:

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<tr>
<th>Name</th>
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<td>12yrs</td>
<td>800m and Javelin</td>
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<td>Hannah Cullen</td>
<td>13yrs</td>
<td>800m and 1500m</td>
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<tr>
<td>Paris Fonua</td>
<td>13yrs</td>
<td>100m, 200m and Jnr 4x100m</td>
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<td>Breannan O’Neill</td>
<td>Jnr 4x100m</td>
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<td>Holly Draganic</td>
<td>Jnr 4x100m</td>
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<td>Isabel Palmer</td>
<td>Jnr 4x100m</td>
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<td>Joseph Licata</td>
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<td>800m</td>
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<td>Adrianna Rossi</td>
<td>14yrs</td>
<td>Javelin</td>
</tr>
<tr>
<td>Emily Whelan</td>
<td>14yrs</td>
<td>High Jump &amp; 90m Hurdles</td>
</tr>
<tr>
<td>Emily Grant</td>
<td>15yrs</td>
<td>High Jump &amp; Javelin</td>
</tr>
<tr>
<td>Hannah Simmons</td>
<td>16yrs</td>
<td>100m</td>
</tr>
</tbody>
</table>

**Junior 4x100m DIO**

**Set a New Dio Record for Javelin 26.6m**

**Set a New Dio record for High Jump 1.58m**

**Apologies** to Marcus Haynes and Lucie Fityus who I accidentally left out of competing at NSWCCC Cross Country Championships in the last edition of the Lion.

Upcoming events:

<table>
<thead>
<tr>
<th>Week 6 – 22/8</th>
<th>Diocesan Golf</th>
<th>Newcastle</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 7 – 28/8</td>
<td>Yr 6 Tabloid Sports Day</td>
<td>St Pius X</td>
</tr>
<tr>
<td>Week 9 - 10/9</td>
<td>Rugby League U13’s – 7’s</td>
<td>Ford/Kentish Ovals</td>
</tr>
<tr>
<td>12/9</td>
<td>NSWCCC Athletics</td>
<td>Homebush Athletics Centre</td>
</tr>
<tr>
<td>Week 10 – 16/9</td>
<td>Coast 2 Country cup Rugby Union</td>
<td>Forster</td>
</tr>
<tr>
<td>17/9</td>
<td>Rugby League U16’s – 7’s</td>
<td>University</td>
</tr>
</tbody>
</table>

David Pitfield
Representative Sport
Girls’ Open Soccer
At the end of last term, the Girls’ Soccer team travelled to Maitland for the CCC Open Soccer tournament. Even though we were the only Junior School, we have won numerous times in the past. This year was made more difficult with several of our students in Vietnam and our Goal Keeper taking ill on the day. The girls played exceptionally well and were defeated 1-0 by the eventual winners of the day. Our last match was against St Paul’s with a fine 4-0 win. The opening goal of the game by Ruby Springthorpe was a cracking goal from distance and was followed by two from Annabelle Hewitt and the fourth from Isabel Palmer.

The Full Squad is: Lucie Fityus, Gabrielle Mason, Kirra Hurrell, Ruby Springthorpe, Chloe Kapalos, Gabrielle Deacon, Gabriella Cosentino, Isabel Palmer, Annabelle Hewitt, Eleanor Butler, Emily Soldas, Jade Cannon, Sophia Gavrill, Sienna Mason and Ella Searant.

Girls’ Turner Cup
The Girls’ Turner Cup team has also been busy. Our Round 4 game against St Phillips was also held during the Vietnam trip. This left Captain Joselyn Rae and Tovah Agresti unable to play. Sienna Mason, Jade Cannon and Sophia Gavrill stepped in, to fill the void, and played excellent games in a 7-1 bout. Goals were scored by Annabelle Hewitt (2), Gabrielle Deacon (3), Eleanor Butler (1) and Emily Soldas (1).

Our next match was against Hunter Sports High. Although we had a full squad, the Hunter Sports team was very strong and ran out eventual winners despite St Pius X having the best two chances early on.

The Full Squad was: Lucie Fityus, Gabrielle Mason, Kirra Hurrell, Chloe Kapalos, Ruby Springthorpe, Gabrielle Deacon, Joselyn Rae, Gabriella Cosentino, Isabel Palmer, Annabelle Hewitt, Claire Plenty, Eleanor Butler, Emily Soldas, Tovah Agresti and Jade Cannon.

Friday Girls’ Rep Soccer – Open 9/10
As has been the case for a while, St Pius has entered extra teams to complete the competition. This year we were required to enter three teams to compete with San Clemente to produce a viable competition. Our teams consisted of one from Year 10, a Year 9 team and last term’s Year 8 team playing again. Despite all teams being quite close, our Year 8 team is looking like being the strongest so far. The full team lists are:

Year 8
Clare Hughes, Eleanor Butler, Georgia McMahon, Jordan Houston, Gabrielle McSpadden, Emily Soldas, Isabel Zander, Gabriella Cosentino, Rachel Haberl, Danielle McSeveney, Ruby Springthorpe, Nicole Nathan, Leilani Nathan, Anakha Hari.

Year 9
Lillian Mamic, Jessica Smith, Elise Jones, Chloe Kapalos, Samara Sevil, Sinead O’Rourke, Emily Dwyer, Gabriella Mason, Eva Tew, Mary McCoy, Georgia Rossi, Tegan Bryde.
Year 10
Tovah Agresti, Laura Phelan, Tayla Cannon, Ella Searant, Chloe Wilkins, Gabrielle Smith, Grace Burden, Clare Butler, Eliza Cook, Clare Butler, Eliza Cook Tiahdora Morgan, Cara Marks, Charli Sharman.

Michael Lee
Coach

Netball
On Wednesday 13 August (yes, The Pupil Free Day), three SPX teams travelled to Penrith for the NSW CCC Netball Championships. Congratulations to all the girls for their positive attitude, highly developed netball skills and excellent sportsmanship.

Our Junior team won all but one of their games and consisted of:

Our Intermediate team won three game, lost three games and consisted of:
Emily Grant, Laura Slatter, Sian Fonu, Erin Cullen, Cavelle McLeod, Jessica Wilson, Cassidy Fleming, Madeleine Levey.

Our Senior team won three games, lost four games and consisted of:
Sarah Diamante, Tyla Manderson, Eliza Cook, Perri Webber, Alex Delbridge, Hannah Simmons, Shanaya Neesom, Grace Rothfield, Emily Reed (Manager).

Special thanks to our two wonderful umpires, Matilda Sloane (Year 9) and Hollie Nesbitt (Year 7) and our parent supporters who travelled down with us.

Mandy Willis, Gab Smith and Gillian Cahill
Coaches

NSW Junior Surfing Titles
Congratulations to Madison Poole of Year 7 who put in a great effort recently against predominantly older girls to reach the final of the State Titles at Coffs Harbour. Well done!

Rugby League
The first few weeks of this term were very busy for the St Pius U/15 League team. After a narrow loss to St Joseph’s Lochinvar in the Knights Knockout Grand Final, the boys were granted a wildcard to the NSW All Schools Finals in Sydney. With a depleted squad with six players unavailable due to injury or illness, we had to call on some of our U/14 players to fill in. Special thanks to Val, Andre and Kurt who came down to play against the best schools from all the NRL regions around Sydney and NSW Country areas. Outsized, outnumbered and out penalised, our boys were outstanding. Impressive victories against winning schools from Manly and Penrith were accompanied by close losses to Lochinvar and De La Salle Caringbah (Cronulla winners). Unfortunately, this meant we did not progress to the semi-finals.
Through winning the Central Coast and Hunter regional finals of the CRL Country Cup, our team then travelled to Coffs Harbour to compete in the Northern State Championships. Victories against schools from the Manning, Lismore/Far North Coast and Armidale regions earned St Pius the title of Northern State Champions.

This meant another road trip to Dubbo in Week 4 for the NSW Country Cup Grand Final against the Southern State winners from Wagga. Again we were depleted having only two reserves with six of our regular team unavailable. In a hard fought game, the Pius boys went down 20-12 with the game only sealed with a try to Wagga in the last two minutes. I was extremely proud of the commitment and effort displayed by the boys throughout all competitions this year, as well as the high level of skill displayed. They have been model representatives of our school.

Thank you also to Mr Courtney who has been a great support, performing the role of Bus Driver and Trainer on our numerous trips. Thanks also to Mr Bailey and Mr Harrison for their support with the different league teams throughout this year.

We have two more Rugby League Seven’s competitions to complete the year. The U/13’s play on Wednesday 10 September at New Lambton, while our U/16’s will compete at Newcastle University on Wednesday 17 September.

John McLoughlin
PDHPE Coordinator
The Butterfly Foundation presents

Body Confident
Children & Teens

Information and tips for parents

We are pleased to offer parents a presentation that aims to equip you with knowledge, information and tips to help you better understand and promote positive body image at home! This presentation is designed to help you feel empowered to support your child and their body confidence as they move through puberty and adolescence.

Topics include:
- Background on body image and importance of prevention
- Overview of eating disorders and warning signs
- Key influences on body confidence
- Importance of role modeling positive body image and healthy behaviours
- Understanding ‘Fat Talk’
- Awareness around behaviours that increase or decrease body satisfaction
- Referral information

Venue – Newcastle TBC
Thursday 28th August, 7.30pm – 9.00pm
$25 per person

BOOK YOUR PLACE ONLINE – www.thebutterflyfoundation.org.au

FOR MORE INFORMATION
Please contact Helen Bird helen.bird@thebutterflyfoundation.org.au
T: 02 8456 3908

thebutterflyfoundation.org.au

Butterfly
Foundation for Eating Disorders
Can Saver Plus assist you with high school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Cynthia Culhane, your local Saver Plus Worker:
(02) 4927 8385 / 0418 699 646
or cynthia.culhane@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Newcastle by The Smith Family.
The program is funded by ANZ and the Australian Government.
Ladies You Are Invited To:
St Pius X Annual Mothers’ Fundraising Dinner
Venue: Harbourview on Queens Wharf
150 Wharf Road, Newcastle.

Date: Friday 10 October 2014

Time: 6.30pm for 7.00pm

Cost: $60.00 (two courses - main & desert)

To secure your booking you need to place FULL PAYMENT in the P&F Box in the office
(Week 5, Term 3.) We are unable to reserve bookings without payment.

PRIZES
We are now seeking donations of prizes for our big raffle. If you have a business or can approach a business- your hairdresser, manicurist, local coffee shop, favourite restaurant, bottle shop, travel agent OR
If you could donate a bottle of wine or champagne, chocolates, hand cream, perfume, a book or cookbook.
All DONATIONS will be greatly appreciated.
If you would like to be acknowledged for your donation please mark your name or business name on the prize.
Looking forward to sharing a wonderful evening together.
Many Thanks
Natalie Steel – 0419505366, email Jason.steel@bigpond.com
Therese McCloy -0422228702. email tbmccloy@hotmail.com.

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Special dietary requirement
# St Pius X High School Uniform Shop

**Shop Convener:** Kylie Delaney  
**Phone:** (02) 4957 7651  
**E-mail:** stpius@alinta.com.au  
**Web:** www.alintaapparel.com.au

**Operating Hours**  
- School Term:  
  - Monday: 10.30am – 12.30pm  
  - Wednesday: 2.30pm – 4.30pm

## Girls Uniform: 7 - 10

<table>
<thead>
<tr>
<th>Size</th>
<th>All Sizes</th>
<th>Price</th>
<th>All Sizes</th>
<th>QTY</th>
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</thead>
<tbody>
<tr>
<td>S/S Formal Blouse</td>
<td></td>
<td>$36.50</td>
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<tr>
<td>Tartan Skirt</td>
<td></td>
<td>$64.00</td>
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<tr>
<td>Girls Fitted Pants</td>
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<td>$20.00</td>
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## Boys Uniform: 7 - 10

<table>
<thead>
<tr>
<th>Size</th>
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<th>Price</th>
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<th>QTY</th>
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<tbody>
<tr>
<td>S/S Formal Shirt</td>
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<tr>
<td>Formal Shorts</td>
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<tr>
<td>Formal Trousers</td>
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## Winter Uniform

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<tr>
<td>Knitted Jumper</td>
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<td></td>
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<tr>
<td>Polar Fleece Top</td>
<td>18 - 22</td>
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## Sports Uniform

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<td>Sports Polo</td>
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<tr>
<td>Sport Shorts</td>
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<tr>
<td>TrackSuit Jacket</td>
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<tr>
<td>TrackSuit Pants</td>
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## Accessories

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<tr>
<td>Sport Socks - white crew (2pk)</td>
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<td>Sport Socks - white ankle (1pk)</td>
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<td>School Socks - long blue</td>
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<tr>
<td>Microfibre Tights - grey</td>
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<tr>
<td>Sports Cap</td>
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<tr>
<td>Leather Belt</td>
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<td>$13.00</td>
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## Shoes

School Shoes – to be black lace-up, able to be polished leather school shoes which do not extend over the ankle or have a platform. The leather should cover the whole upper foot for safety. Boots, joggers and sneakers are not permitted.

Sports Shoes/PE Practical – to be predominantly white, and should have laces or velcro straps, and be supportive of the feet during exercise.

## Please Note
- Sizes not carried are available by order, however, production time (usually 90 days) must be allowed, and a 50% non-refundable deposit made upon order.
- For sizes 4XL and L22 and over, a $10 surcharge will apply.

**Payments can be made with Cash, Credit Card or Debit Cards only.**

Contact your bank regarding individual access and availability of these facilities.

Prices subject to change without notice.

24/07/2014 1:08 PM
Second Hand Uniforms

A large number of parents have expressed the need to have second hand uniforms available. St Pius X High School runs a service which enables all parents to buy/sell second hand uniform items. The service works in the following way:

1. Parent/s fill out a form with the details of the item/s required to buy/sell and supply a contact number. This form will be available from reception, or alternatively you may email your details to admin@adamstownsp.catholic.edu.au.

2. These details are then advertised in a special “Second Hand Uniform” section on the last page of each newsletter.

3. The advertisement will run for a month or two editions of the newsletter.

4. Parent/s will simply contact the number supplied and deal direct with the person buying/selling.

Please note that no second hand uniform items will be kept by St Pius X High School.

For any further information regarding Second Hand Uniforms please contact reception.

------------------------------------------------------------------------------------------------------------------

Second Hand Uniforms

Name (optional):................................................................................................................................................

☐ Buy          ☐ Sell (please tick)

Item:......................................................................................................................................................................
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Contact Number:..............................................................................................................................................
## Second Hand Uniforms

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<tr>
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<td>Aurora</td>
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<td>Sell</td>
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<td>Polar Fleece Jumper</td>
<td>10</td>
<td>Sell</td>
<td>$10.00</td>
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<tr>
<td>Tania</td>
<td>0424 002 963</td>
<td>Girls’ Blouse (3 only)</td>
<td>10</td>
<td>Sell</td>
<td>$20.00 (for 3)</td>
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<tr>
<td></td>
<td></td>
<td>Skirt (2 only)</td>
<td>12</td>
<td>Sell</td>
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<tr>
<td></td>
<td></td>
<td>Jumper</td>
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**WORN FOR TWO TERMS ONLY**

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<tbody>
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<td>0406 098 040</td>
<td>Boys’ Grey Short</td>
<td>M</td>
<td>Buy</td>
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<tr>
<td>Kerri Nicholson</td>
<td>0423113404</td>
<td>Boys’ Grey Shorts x2</td>
<td>XS</td>
<td>Sell</td>
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